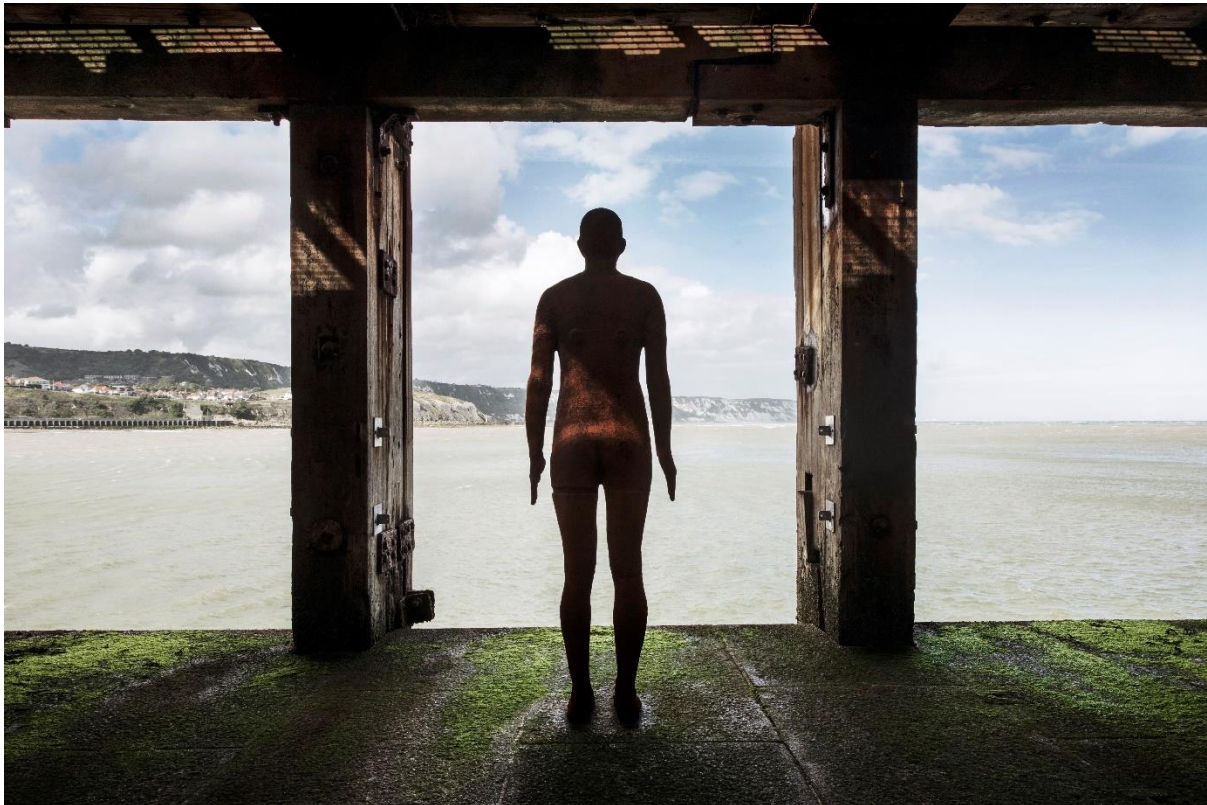


The Body in Motion workshop by Laura Grantham



Antony Gormley, *Another Time* (1999-2013)

Antony Gormley is an artist who investigates the relationship of the human body to the world around us. His work looks at important questions of where we, as human beings stand in relation to nature and the cosmos.

Another Time (1999-2013) is a series of one hundred solid cast-iron figures, destined by the artist to be dispersed around the world. For Creative Folkestone Triennial 2017, Gormley loaned three from the series, two sited in Folkestone and one, in a collaboration with Turner Contemporary, in Margate in front of the Gallery. Thanks to extension of the loan, two of the works, the one in the half tide loading platform on Folkestone's Harbour Arm, and the one in front of Turner Contemporary, remain on view.

Materials you will need...

Large paper of any kind or large pieces of cardboard, it needs to be big enough to lie on.

Pens or crayons or paints to draw and colour with. Paint brush, paint palette and apron or old t-shirt if you are using paint. Scissors. Sticky tape.

What to do next...

Lie down on your paper and ask a friend or a member of your family to draw around you with a pen. You can lie in many different shapes and experiment with how you want your outline to look.



Once you have an outline which you are happy with you can start drawing, colouring or painting details onto your outline. You can make your own life-sized self-portrait! Think about how you would like your portrait to look.





You can stick your portrait onto a wall with tape or work on the floor if you have the space.





Once you have finished painting and adding details to your self-portrait you can carefully cut around your outline. Could you stick your portrait to your window so people passing by can see it? Could you make a speech bubble next to it with a special message?